



CHICKEN EMPANADA

PRODUCT SPECIFICATIONS

Product ID: 3001

40 Ct Case / Case Dimension 11W x 15L x 4H

100 Case Per Pallet / Tie 9 / High 10

Net weight: 8Lb Gross 8.5Lb

Ingredients

Dough: Bleached Wheat Flour Enriched (Bleached Wheat flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Shortening [(Palm Oil, Palm Stearin, Citric Acid, TBHQ (Antioxidant)], Sugar, Salt, Sodium Benzoate (Preservative).

Filling: Chicken Thigh, Potatoes, Seasoning, Tomato Paste (Tomatoes, Salt), Salt, Onion, Corn Oil, Red Bell Peppers, Cilantro.

Allergens

Contains: Wheat

This item is processed in a facility that also processes peanuts and wheat, and their derivatives.

Cooking and Handling

PRODUCT MUST BE FULLY COOKED BEFORE SERVING

Air Fry: Use a temperature of 400°F. Place thawed empanadas separately in the air fryer basket and cook for 10-12 minutes or until golden brown.

Deep Fryer or Skillet: Add enough oil to cover the empanadas and preheat to a temperature of 325°F. Place thawed product separately, without overcrowding. Fry for 5-8 minutes, turning occasionally until golden brown.

Oven: Preheat the oven to a temperature of 450°F. Place thawed product 1" apart on a non-stick baking sheet. Cook about 20 minutes or until golden brown.

CAUTION: Follow directions and allow product to cook to 165°F internal temperature, cook time may need to be adjusted due to equipment variation. Let stand 1-2 minutes before consuming, products will be hot.

KEEP FROZEN



Nutrition Facts /

Datos Nutricionales

5 serving per container/ servicio por envase

Serving size/Tamaño servicio 1 Unit/Unidad 3.2oz (90g)

Amount per serving/Cantidad por servicio

Calories/Calorías 250

%Daily Value*/% Valor Diario*

Total Fat/Grasa Total 9g 11%

Sat.Fat/Grasa Saturada 4g 20%

Trans Fat/Grasa Trans 0g

Cholesterol/Colesterol 10mg 3%

Sodium/Sodio 620mg 27%

Total Carb./Carbohidratos 35g 12%

Dietary Fiber/Fibra Dietaria 1g 4%

Total Sugars/Azúcares Totales 2g

Includes/Incluye 1g Added Sugars/ Azúcares Añadidas 2%

Protein/Proteína 6g

Vitamin/Vitamina D 0mcg 0%

Calcium/Calcio 10mg 2%

Iron/Hierro 1.7mg 10%

Potassium/Potasio 60mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
* El % del Valor Diario (VD) le dice a usted la cantidad que un nutriente en el servicio de comida contribuye en la dieta diaria. 2,000 calorías por día son usadas para los consejos generales de nutrición.

